

**WELCOME!**



# 2022-2023 Family Handbook

4-H is a **community** of **young people**  
across **America** who are learning  
**leadership, citizenship** and  
**life skills.**

TEXAS A&M  
**AGRI**LIFE  
EXTENSION

**JOIN 4-H, GO TO:**  
<http://texas.4honline.com>

*Join & like our Gregg  
County 4-H Facebook  
Page:*  
<https://www.facebook.com/GreggCounty4H/>



## WELCOME TO THE GREGG COUNTY 4-H PROGRAM!

We are glad that you have chosen to be part of the largest non-formal youth education organization in the United States! Over 5.6 million youth participate in 4-H each year to become self-motivated, productive, and contributing citizens.

4-H is designed to be a family affair, so 4-H parents are encouraged to get involved in the 4-H experience. Ways that 4-H parents can contribute range from serving as a project leader to providing transportation to activities, or even supplying refreshments for meetings or special events. 4-H parents are also needed to supervise 4-H activities.

Gregg County has an outstanding group of dedicated adult volunteer leaders as well as a superb group of motivated 4-H members. We welcome your family into our Gregg County 4-H family!

Please read through your Gregg County 4-H Handbook to answer any questions you may have about the 4-H program. This handbook is designed as a reference tool for you throughout the 4-H year. Please refer to the 4-H Newsletter as you set your goals for participation in 4-H events and contests.

Best wishes for a fulfilling year in 4-H! We look forward to seeing you at events throughout the year.

Sincerely,

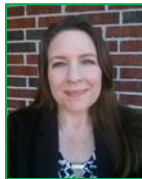
*Arvitta Scott*  
CEA & 4-H Coordinator



*Makenzie Banks*  
AEA 4-H



*Mandy Patrick*  
CEA FCH



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*Cory Alvarado*  
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**WEBSITE:** <https://gregg.agrilife.org/> **FACEBOOK PAGE:** <https://www.facebook.com/GreggCounty4H/>

## About 4-H

**Motto:** "To Make the Best Better"

**Emblem:** The 4-H emblem is the four-leaf clover with the letter "H" on each leaf, standing for head, heart, hands, and health. The 4-H Clover and name are protected under 18U.S.C. 707. Permission is required to duplicate it.

**Colors:** The 4-H colors are green and white. Green symbolizes nature's most common color and represents life, springtime, and youth. White symbolizes purity.

### Pledge

I pledge

My head to clearer thinking,  
My heart to greater loyalty,  
My hands to larger service and  
My health to better living,  
for my club, my community,  
my country and my world.

4-H is a **community** of **young people**  
 **across America** who are learning  
**leadership, citizenship and**  
**life skills.**

**4-H Year** - September 1 to August 31

### Age of 4-H Members

Youth may participate in the 4-H year from September 1st of grade three through August 31st following completion of grade twelve, with these age restrictions:

- Minimum age - 8 (in addition to being in the 3rd grade)
- Maximum age - 18 (as of August 31)

**Texas 4-H Age Categories for project activity purposes are:**

<b>Clover Kids</b>	Kindergarten – Grades 2
<b>Junior</b>	Grades 3, 4, and 5
<b>Intermediate</b>	Grades 6, 7, and 8
<b>Senior</b>	Grades 9, 10, 11, and 12

\*\*\*\*\*

### Adult Leaders Committee

All 4-H parents and leaders are encouraged to become part of the Adult Leaders Committee! This committee is composed of volunteer 4-H leaders who meet and work together to support the 4-H youth of Gregg County. The Adult Leaders Committee works in conjunction with the County 4-H Council to plan and coordinate county-wide 4-H activities. The Adult Leaders Committee works to financially assist the 4-H youth through fund raising projects. The Committee is also useful as a meeting forum in which leaders may exchange ideas.

**President...**Milton "Greg" Marshall  
**Vice President...**Kim McGregor  
**Secretary...**Amber Marshall

**Treasurer...**Juliann Lopez  
**Delegates at Large...**Vacant



## **4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders Association Meetings**

In-Person Meetings begin @ 5:30 p.m. (**Meeting Times are subject to change**)

**Monday, Sept. 12** – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

**Monday, Oct. 10** – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

**Monday, Nov. 28** - 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

**Monday, Jan. 23** – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

**Monday, Mar. 20** – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

**Monday, May 15** – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

**Monday, Aug. 28** – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

## **4-H Council/Youth Board**

Members of the Gregg County 4-H Council plan and coordinate 4-H activities in the county. The Gregg County 4-H Council also promotes district and state level 4-H activities. County Council is comprised of 4-H members from each of the various 4-H clubs in the County. Clubs are encouraged to have two council delegates who will attend the County 4-H Council meetings. Typically, a 4-H member is elected into the position of council delegate and represents his or her club at the County 4-H Council meetings. In most cases, the president of the 4-H club also serves as a delegate to the County 4-H Council. In addition to the club council delegates and presidents, membership to the council is open to all 4-H youth.

**Gregg County 4-H Council/Youth Board** serves as a communication channel. Council delegates represent their club and relay information and ideas from their club to the council. The council delegates also relay information from the council to their club to keep the members up to date on county-wide activities and events.



Chairman.....  
First Vice Chairman.....  
Second Vice Chairman.....  
Third Vice Chairman.....  
Secretary.....  
Treasurer.....  
District Delegate.....  
Reporter.....  
Parliamentarian.....  
Historian.....  
Health & Safety Officer.....

## **Ten easy steps to getting the most out of 4-H:**

Step 1 - Youth Complete Online  
Enrollment

Step 2 - Parents Complete Online  
Enrollment

Step 3 - Get Involved

Step 4 - Start a Project

Step 5 - Complete a Project

Step 6 - Participate in Activities

Step 7 - Keep Records

Step 8 - Share Information

Step 9 - Help Others

Step 10 - Promote 4-H

## Step 1 - Youth Complete Online Enrollment



### Enrollment Time

On September 1<sup>st</sup> each year, all former, new 4-H members, and volunteer leaders must re-enroll for the current year. Enrollment stays current from September 1<sup>st</sup> through August 31<sup>st</sup>.

### Participation Fee - each enrollment year (no fee for Clover Kids ages 5-7)

September 1<sup>st</sup> thru October 31<sup>st</sup>-----\$25 per child

After November 1<sup>st</sup>-----\$30 per child



## TEXAS.4HONLINE.COM FAMILY GUIDE



### Creating a NEW Family Profile

Only families participating in Texas 4-H for the first time should create a NEW family profile. Once created, family profiles are permanent. If you already have a 4HOnline family profile, **do not create a new one**. Contact your local county Extension office for assistance if you are not sure whether you have a family profile, or if you need assistance accessing it. To create a **NEW** family profile in 4HOnline, follow these steps:

1. Go to <http://texas.4online.com>

2. Click **"Don't have an account?"** if you have **never** enrolled in 4-H before using 4HOnline.

**Note:** Your family profile must be associated with a valid email address. This will be your login and you will receive communications to this address. It will also be the email address where a password reset will be sent, if needed.

The email address you provide can only be associated with **one** family profile. If 4HOnline does not accept your email address, you may already have a 4HOnline family account. Contact your local Extension office for assistance.

3. Select **"Texas"** from the drop-down menu

4. Select **"Texas 4-H and Youth Development"** for the Institution



5. Select **your county** from the drop-down menu.

**Note:** When selecting your county, you are choosing the 4-H program in which your family will participate. Read the rules and guidelines for more information:  
<https://texas4-h.tamu.edu/management/>.

Click **“Continue”**.

6. Complete your family's information. Required fields are marked in **red** and must be completed to move to the next screen. If you have mistakenly chosen the wrong county just hit the back button to adjust it before moving on to the next screen.

**Remember:** Your family information must be associated with a valid email address. This will be your login and you will receive 4-H communications at this address. It will also be the email where your password reset will be sent, if necessary.

Click the **“Create Account”** button

**Note:** An email account can only be associated with one family profile. If you enter an email address that is already associated with a 4HOnline profile, you will see an existing family profile message. Click the **“Confirm”** button and continue to log in to the existing account. See instructions for logging into an existing [family account](#).

7. Enter your family's address information and click **“Verify.”** The verification process may require you to select an appropriate USPS format. The local county Extension office may have authority to bypass this for rural areas.

If there is already another record in 4HOnline with a matching address, you may see this Duplicate Address screen:

Use the browser **“back”** button to return to the previous screen. Double-check the address you entered and try again. Be sure you have included the full USPS address and a unit/apartment number, if that is part of your address. If you receive the Duplicate Address message again, choose an account recovery method and contact your local county Extension office for assistance.

After the address is verified, your family profile has been created! You will receive an email confirming your family profile.

The next screen will allow you to add the first member to your family.

## Family Profile Management

Each time you log in to your family profile in 4HOnline, your Member List will open as the home page. The Member List displays all family members for whom a Member record has been created. In addition to the Member List, your family profile contains family details, events, and saved credit card information.

### Member List

Your member list shows each member record that has been added to your family profile. You can see:

- Member's name and DOB
- 4-H Member Type
  - Club Member
  - Clover Kid
  - Volunteer/Adult
- Status of Enrollment (see [status sheet](#))
  - Enrolled
  - Volunteering
  - Submitted
  - Incomplete (Continue Enrollment)
  - Not Enrolled (Enroll Now)

Member	Programs
adult adult person Jan 5, 1976	4-H Volunteer - Awaiting Review Volunteer Application Submitted
Adult Momma May 23, 1976	4-H Volunteer - Awaiting Review Volunteer Application Submitted <a href="#">Continue Screening</a>

### Family Information

You can view the information contained in your family profile. You can change or update email, phone, and address by clicking the “Edit” Button.

The County associated with your family's profile can only be changed by the local county office. If you want to change your county affiliation, contact your local Extension Office for instructions.

Family Name	Family
Email	personalemail1@gmail.com
Mobile Phone	555-555-5555
County	State Office

Address	1470 WILLIAM D FITCH PKWY
Address 2	
City	COLLEGE STATION
State	TX
Postal Code	77845-4645
Country	US

### Events

You can view events that are open for registration to members of your family. To register for an event, click on the event name, select the Member who wishes to attend, click the “Register” button, then follow the instructions.

Event Name	Description
Clover County 4-H Camp	Click event to open for registration
4-H Camp for Clover County	

### Credit Cards

The credit/debit card(s) used to pay for 4HOnline transactions are listed in the family profile. The card number is not saved in 4HOnline; only identifying information is retained. You can modify or delete card records by clicking on the card type. Only a family member can view or edit card information; it cannot be accessed by any 4HOnline Manager.

Card Type	Date Added	Card Number	Name On Card
Credit Card Information Will Show Up Here For The Family Only			



## Step 2 - Parents Complete Online Enrollment



Same as above, except as noted in #10.

10. If you are an adult volunteer, your registration will be sent to the Youth Protection Standards Office for screening if you have not been screened or are due for your three-year review. Once you are screened and approved, your registration will be returned to your county extension office, where an agent will review and accept your application.

## Step 3 - Get Involved



As a Member or Leader, you need to get involved in your local club; attend monthly meetings, volunteer for committees, and stay informed of what is going on in your club. Learn what is going on throughout the County, District and State by reading the Gregg County 4-H Handbook, Gregg County 4-H Connection Newsletter and the 4-H and Youth Development pages on the Gregg County Extension website: <http://gregg.agrilife.org/>

**Join a Club!** Go to: <http://texas.4honline.com>

The following are the 8 4-H Clubs in Gregg County and their Club Name, Club Manager(s), Project descriptions, meeting location, date, and time:

CLUB MANAGER(S)	CLUB NAME & PROJECT DESCRIPTION	MEETING LOCATION, DATE & TIME
<b>Gregg County 4-H Shooting Sports Project Club: Archery &amp; Shotgun</b>		
<b>Archery</b> Milton "Greg" Marshall, Project Leader Coach marshall7707@gmail.com  Arvitta Scott, 4-H CEA, Coach arvitta.scott@ag.tamu.edu  Makenzie Banks, 4-H AEA, Coach makenzie.banks@ag.tamu.edu  <b>Shotgun/Rifle</b> Joe Mashburn, Project Leader Coach joe.joe.mashburn@gmail.com  Amy Mashburn, Project Leader Coach amywmashburn@yahoo.com  Arvitta Scott, 4-H CEA, Coach arvitta.scott@ag.tamu.edu	If you enjoy the outdoors and hunting, you'll love the Shooting Sports project!  <b>Archery</b> promotes all aspects of archery as a sport. Club members partake in various community service projects. Club activities encourage good sportsmanship, leadership, and citizenship.  <b>Shotgun</b> - This project covers firearm safety and teaches responsible handling and use. Get ready because this project is hands on.	<b>ARCHERY</b> <u>Meets:</u> Outdoor: TBA  Indoor: Mondays & Thursdays <u>Location:</u> County Extension Office  <u>Time:</u> 5 PM  <b>SHOTGUN</b> <u>Meetings Date:</u> <b>Fall:</b> 9/19, 10/3, 10/17, 11/7, 11/14 <b>Spring:</b> TBA  <u>Location:</u> East Texas Rifle and Pistol Club 1045 FM 2011 Longview, TX 75603  <u>Time:</u> 6:00 PM
<b>SHAMROCK 4-H</b>		
Club Manager – Greg Marshall marshall7707@gmail.com  Amber Marshall marshall.amber1987@gmail.com	Archery, Robotics, Food & Nutrition, Photography, Gardening and many more projects; Clover Kid project activities.	<u>Meets:</u> 3 <sup>rd</sup> Tuesday <u>Location:</u> Extension Office <u>Time:</u> 5:30pm

## SHILOH 4-H

Club Manager - Joyce Williams joycewilliams3077@att.net	Focusing on Gardening, Public Speaking, Food & Nutrition, and photography! Club members are involved in a variety of fun activities!	<b><u>Meets:</u></b> 1 <sup>st</sup> Tuesday <b><u>Location:</u></b> Parkview Baptist Church <b><u>Time:</u></b> 6pm
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## Ware Elem 4-H Champion In-School Project Club

Faith R. Greer, Principal  Club Advisor – Arvitta Scott, CEA arvitta.scott@ag.tamu.edu	Engages 3 <sup>rd</sup> -5 <sup>th</sup> graders in 4-H in-school Projects/Programs such as Horticulture, Food & Nutrition-Food Challenge, Public Speaking, and Yoga for kids.	<b><u>Project Meetings:</u></b> Mon.-Tue.-Wed. <b><u>Location:</u></b> Ware ETMA (On site enrollment only) <b><u>Time:</u></b> In-School Champion 4-H Club
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## BLUEBONNET 4-H – University Academy-Longview

Kim McGregor, Club Manager 903-241-6531 kimmcmgregor79@gmail.com	Focuses on Food and Nutrition – Food Challenge and Gardening.	<b><u>Meets:</u></b> Mondays <b><u>Location:</u></b> University Academy (on-site enrollment only) <b><u>Time:</u></b> TBA
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## LIVESTOCK 4-H & SMILE 4-H– Inactive

Club Manager - VACANT Club Manager - VACANT		<b><u>Meets:</u></b> TBD <b><u>Location:</u></b> TBD <b><u>Time:</u></b> TBD
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## 4-H Youth Council Board – Youth PAC

Makenzie Banks, 4-H AEA makenzie.banks@ag.tamu.edu Youth: Sophia Marshall, Elias Sanchez, Seth McGregor, Katie Burch, Jessica Mashburn, Alera Waite, Dallin Waite	4-H youth will engage in Leadership Project activities and Leaders 4 Life Contest to help develop leadership skills, conflict resolution, decision making, public speaking, parliamentary procedures and so much more.	<b><u>Meetings:</u></b> (See p. 4) <b><u>Location:</u></b> County Extension Office <b><u>Time:</u></b> 5:30 pm
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## 4-H Adult Leaders Committee/Association - PAC

President - Milton “Greg” Marshall Vice-President - Kim McGregor Secretary – Amber Marshall Treasurer – Juliann Lopez  Arvitta Scott, CEA arvitta.scott@ag.tamu.edu	All 4-H parents and leaders are encouraged to become part of the Adult Leaders Committee! This committee is composed of volunteer 4-H leaders who meet and work together to support the 4-H youth of Gregg County. The Adult Leaders Committee works in conjunction with the County 4-H Council to plan and coordinate county-wide 4-H activities. The Adult Leaders Committee works to financially assist the 4-H youth through fund raising projects. The Committee is also useful as a meeting forum where leaders exchange ideas.	<b><u>Meetings:</u></b> (See p. 4) <b><u>Location:</u></b> County Extension Office <b><u>Time:</u></b> 5:30 pm
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Parents, we are always recruiting Volunteer Leaders to help lead our 4-H Clubs and educate our youth.  
We train. We empower. We provide resources. We appreciate you!  
Join our Team as We Make the Best Better!  
Go to: <http://texas.4honline.com>

## Step 4 - Start a Project



On the 4-H Connect Enrollment pages, 4-H members are asked to select projects of interest to them. When you start your 4-H experience, you may want to select one or two projects. The more years you are in 4-H, the more projects you can usually handle. 4-H projects can be conducted throughout the 4-H year (September 1-August 31). Certain projects have special activities or contests, so you need to begin some projects at specific times during the year. After you select your projects, contact your Club Manager or County Extension office if you have any questions. For Texas 4-H Project List information, go to [https://texas4-h.tamu.edu/wp-content/uploads/Management\\_ProjectList\\_1819.pdf](https://texas4-h.tamu.edu/wp-content/uploads/Management_ProjectList_1819.pdf)

## Step 5 - Complete a Project



After you have selected your project, you are ready to start gaining information and having fun learning about your project. In 4-H, you are asked to do a minimum of six learning experiences to complete a project. Learning experiences will vary from project to project, such as meetings with other 4-H'ers and Leaders, going on tours, attending workshops, reading publications, or surfing the Internet. Many 4-H'ers work on the project with their parents, grandparents, or other family members while other 4-H'ers work on projects with a group of friends. Working through a project from start to finish helps 4-H member gain skills in carrying out responsibilities, as well as setting and completing goals.

On the following pages, you will find a table that outlines some of the project areas in Gregg County 4-H. Use this information to look ahead for major deadlines and event timeframes. Then, refer to the 4-H Calendar found on the county website to find specific dates and project meetings.

<https://gregg.agrilife.org/4-h-forms/>

## Other 4-H Projects and Programs

**Shooting Sports-** The 4-H Shooting Sports project is a comprehensive introduction to shooting sports safety and the fundamentals of shooting disciplines including: archery, pistol, rifle, shotgun, muzzle loading, and hunting. Youth may participate in one or more of the listed disciplines where certified 4-H coaches are available to lead.

**Contacts:** Archery- Milton Marshall [marshall7707@gmail.com](mailto:marshall7707@gmail.com)

Shotgun- Joe & Amy Mashburn  
[amywmashburn@yahoo.com](mailto:amywmashburn@yahoo.com)

**Horse Judging-** the evaluation of a horse's characteristics & making a comparison to other animals and the ideal standard of that particular class  
**Contact-** Shaniqua Davis [shaniqua.davis@ag.tamu.edu](mailto:shaniqua.davis@ag.tamu.edu)

**Drill Team-** To provide an opportunity for youth to develop drill team skills as well as leadership and teamwork skills; and to enhance the 4-H Horse Project while creating a positive environment for the youth to develop mentoring skills with other youth **Contact-** Vacant

**Horticulture** The horticulture project is a hands-on project that incorporates community and volunteer service with learning about plant growth, environment horticulture and ecology, fruits and nuts, landscape design, soil and water, insects and diseases, vegetables and herbs, and life skills and career exploration.

**Contact:** Shaniqua Davis [shaniqua.davis@ag.tamu.edu](mailto:shaniqua.davis@ag.tamu.edu)  
Martha Grissom [mrtherissom@aol.com](mailto:mrtherissom@aol.com)

**Photography-** The 4-H Photography project offers opportunities for youth to explore the world through the lens of a camera. Photography is a great way to engage youth in communicating what the world looks like to them. Through the photography project, youth learn skills from the basic parts of a camera, careers in photography, and digital publishing and developing. **Contact:** Mandy Patrick [mkipatrick@ag.tamu.edu](mailto:mkipatrick@ag.tamu.edu)

**Robotics-** The 4-H Robotics Curriculum is designed to meet the diverse requirements of 4-H clubs, after-school programs, individual youth, and school enrichment activities. The curriculum was developed for all levels of expertise: from beginning to advanced.

**Contact:** Milton "Greg" Marshall [marshall7707@gmail.com](mailto:marshall7707@gmail.com)

**Consumer Decision Making-** The 4-H Consumer Education Project engages youth in the importance of making wise consumer decisions. Through educational experiences such as workshops to a retail store, to learn how to make good decisions about purchasing a variety of projects, to learning about "Consumer Savvy" and the importance of becoming informed to be able to help make responsible consumer purchases of a variety of products for your family. **Contact-** Makenzie Banks

**Livestock Judging-** the evaluation of an animal's characteristics & making a comparison to other animals and the ideal standard of that particular class.

**Contact:** Shaniqua Davis [shaniqua.davis@ag.tamu.edu](mailto:shaniqua.davis@ag.tamu.edu)

**Commercial Heifer-** The commercial heifer program is designed to be educational and beneficial for the youth of Gregg County. It is held in conjunction with the Harvest Festival Livestock & Show in October. You will show a pen of 3 bred females, complete a record book, and an interview for the overall score for this project.

**Contact-** Shaniqua Davis [shaniqua.davis@ag.tamu.edu](mailto:shaniqua.davis@ag.tamu.edu)

**Dog Project-** The 4-H Dog project provides a safe environment for youth to interact with and learn about one of their closest friends, their dog. The project is designed to enhance the relationship a young person has with their dog and make their dog a happier better adjusted member of the family. **Contact-** Arvitta Scott

**Poultry-** The poultry project teaches members poultry production and marketing by managing poultry projects. Project topics include broilers, capons, turkeys, egg production, and development from egg to chick.

**Contact:** Shaniqua Davis [shaniqua.davis@ag.tamu.edu](mailto:shaniqua.davis@ag.tamu.edu)

<p><b>Swine</b>-The Swine project is the most popular large animal livestock project in Texas. The swine project teaches the fundamentals of the swine industry by allowing youth to explore the areas of animal husbandry, livestock selection, health, daily maintenance, and care, in addition to exhibiting swine at local, county, state, and national swine shows.</p> <p><b>Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu</b></p>	<p><b>Sheep &amp; Goats</b>-The Sheep &amp; Goat project teaches youth to care for live animals while learning about animal health and nutrition, breeding, selection, and marketing. In the 4-H sheep project individuals learn decision making, record keeping, responsibility, sportsmanship, and leadership.</p> <p><b>Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu</b></p>
<p><b>Cattle</b>- The beef project teaches the fundamentals of the beef cattle industry by allowing youth to explore the area of animal husbandry, livestock selection, health, and care, in addition to exhibiting beef cattle at the local, county, state, and national shows.</p> <p><b>Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu</b></p>	<p><b>Food &amp; Nutrition</b> The 4-H Foods &amp; Nutrition Project engages youth in the importance of eating and living a healthy lifestyle. Through educational experiences, such as field trips to the grocery store to learn how to buy fresh vegetables and fruits and interactive workshops to learn how to build a healthy plate and the importance of eating a balanced meal, youth gain the necessary skills to make smart decisions for themselves, as well as helping their family.</p> <p><b>Contact: Mandy Patrick mkpatrick@ag.tamu.edu</b> <b>Arvitta Scott arvitta.scott@ag.tamu.edu</b></p>
<p><b>Rabbits</b>- A rabbit project is a great way to get started with an animal science project. Rabbits do not require a lot of fancy or expensive housing or equipment, which makes them affordable animal projects to begin your animal science experience. The animal project will provide youth opportunities to learn and practice Communication, Decision Making, Leadership, Patience, and Responsibility.</p> <p><b>Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu</b> <b>Arvitta Scott arvitta.scott@ag.tamu.edu</b></p>	<p><b>Leaders 4 Life</b> Youth leadership development designed to increase leadership skills of youth to prepare them for the future leadership opportunities in adulthood. Youth will be trained in leadership, parliamentary procedures, and service learning.</p> <p><b>Contact: Makenzie Banks makenzie.banks@ag.tamu.edu</b></p>
<p><b>Fashion &amp; Interior Design</b>-The 4-H clothing and textiles project allows youth the opportunity learn basic sewing skills, learn the process for creating their own original designs, create beautiful quilts, learn to be a super shopper, and develop a personal fashion style.</p> <p><b>Contact: Amber Marshall</b> <b>marshall.amber1987@gmail.com</b></p>	<p><b>Healthy Lifestyles</b>-Youth also learn how to improve physical, intellectual, emotional, and social health through participation in the health project. Specifically, youth learn about the importance of physical activity, proper hygiene, dental care, healthy snacking, vaccinations, and sleep.</p> <p><b>Contact: Mandy Patrick &amp; Arvitta Scott</b> <b>mkpatrick@ag.tamu.edu &amp; arvitta.scott@ag.tamu.edu</b></p>

## Step 6 - Participate in Activities

Activities are contests or opportunities for 4-H members to demonstrate the skills and knowledge they have gained through their project work. Some of the activities allow a team of 4-H'ers to prepare a presentation, while other activities are for individual contest entry.

Participating in 4-H activities helps the member gain public speaking skills and presentation skills that will help them throughout their life. Other activities available to 4-H'ers are a variety of camps and workshops conducted mainly in the summer.

### Some of the major 4-H activities:

Fashion Shows	Horse Shows	Talks or Method
Quiz Bowls	Livestock Shows	Demonstrations
Food Shows	Photography Contests	Dog Shows
Outdoor Activities	Judging Contests	
Performing Arts	Shooting Sports Contests	

### Camps

County Day Camps, June/July	(all ages)
Jr. Leadership Lab, Oct/Nov	(11-13-year-old)
Leadership Lab, June	(14-18-year-old)
Teen Retreat, January	(13-19-year-old)

**\*\*\*You must register on 4-H Online to participate in some of the activities 4-H has to offer.\*\*\***

1. When approved, you may log in to your account by clicking “I have a profile” and providing your email address and password.
2. On the “Member List” page, scroll to the bottom of the page and select a member from the “Register a member for an event” drop down menu. Select the event you are registering. Only events that a member is eligible for will be shown.
3. After you register, your county extension agent will review your registration and approve.

## **4-H CONTESTS**

There are many 4-H contests which give members a chance to display their skills. Winners of most county 4-H contests advance to district and state contests. 4-H contest information is emailed to 4-H members from the county agent. The Following is a brief description of some of the annual contests. For dates of these contests watch out for emails from the county agent ahead of time!

### **4-H ROUNDUP (County, District, State)**

The 4-H Roundup Contest provides 4-H members a chance to display their talents and skills. Each year contests are held at the County, District, and State level. Roundup consists of competitive contests such as Food Show, Food Challenge, Food & Community Health (FCH) Quiz Bowl, Fashion Show, Horse Quiz Bowl, Livestock Quiz Bowl, Share the Fun, Public Speaking, Educational Presentation, Leaders 4 Life, Consumer Decision Making, Photography, Robotics, Record Books and so much more. Some contests require each individual or team to qualify at the County and District level to compete at Texas 4-H Roundup held at Texas A&M University in College Station, TX

4-H members use the knowledge gained from 4-H projects and activities to prepare for contests. Roundup is a great opportunity for youth to develop and practice citizenship and leadership skills in a different environment. Youth will be recognized for their achievements and have opportunities to network through recreational and social experiences and advance their knowledge in 4-H. More information will be provided at the County level...

**County 4-H Round Up – March 2-3, 2023**

**District 5 Round Up – Come Alive in D5 <https://d54-h.tamu.edu/come-alive-in-d5/> April 14-15, 2023**

**State – Texas 4-H Round Up <https://texas4-h.tamu.edu/events/roundup/> June 5-8, 2023**

### **TEXAS 4-H TALENT SHOWCASE**

**[https://texas4-h.tamu.edu/wp-content/uploads/roundup\\_talent\\_showcase\\_2023.pdf](https://texas4-h.tamu.edu/wp-content/uploads/roundup_talent_showcase_2023.pdf)**

Allows 4-H members to demonstrate their acting and showmanship talents. There are several divisions of Share-the-Fun:

- Solo/Band
- Poetry/Prose
- Vocal
- Musical/Instrumental
- Choreographed Routines
- 4-H Skit
- Variety Show



**4-H FOOD Show** [https://texas4-h.tamu.edu/wp-content/uploads/food\\_show\\_rules\\_guidelines\\_2023.pdf](https://texas4-h.tamu.edu/wp-content/uploads/food_show_rules_guidelines_2023.pdf)

The 4-H Food Show provides an opportunity for 4-H members to exhibit their skills in the food and nutrition project. There are four categories in which to compete: Main Dish, Fruits and Vegetables, Breads and Cereals, and Nutritious Snacks. **County: November 5, 2022; District: December 2, 2022**

**4-H FOOD CHALLENGE** [https://texas4-h.tamu.edu/wp-content/uploads/food\\_challenge\\_rules\\_guidelines\\_2023.pdf](https://texas4-h.tamu.edu/wp-content/uploads/food_challenge_rules_guidelines_2023.pdf)

Inspired by the popular television series *Iron Chef*, this fun contest and activity is for 4-H food & nutrition enthusiasts! For this contest, 4-H members compete on teams of 3-4 members. The teams use a group of ingredients, resource materials and some basic kitchen supplies to create their own dish, calculate cost per serving, evaluate nutritional value, and cover food safety practices in a brief presentation to judges. **County: January 28, 2023; District: February 24, 2023**

**4-H FASHION SHOW** <https://texas4-h.tamu.edu/projects/fashion-interior-design/>

The Fashion Show provides opportunities for 4-H members to exhibit their skills in modeling and presentation of themselves and their garments, good grooming and poise, fashion interpretation and understanding of style. 4-H members may choose clothing construction or comparison shopping. The four senior categories in each division include casual, dressy, formal, and specialty. Junior categories are announced before the Fashion show each year. **County: March 2-3, 2023; District: April 14-15**

**Leaders 4 Life** <https://texas4-h.tamu.edu/projects/leadership/>

Leaders 4 Life is a competition that allows 4-H youth to demonstrate their knowledge of Parliamentary Procedure. **County: March 2-3, 2023; April 14-15, 2023**

**CONSUMER DECISION MAKING** <https://texas4-h.tamu.edu/projects/consumer-education/>

In the Consumer Decision Making Contest, the 4-H member compares a class of consumer items to make the best choice. Items such as DVD players, digital cameras, and blue jeans are judged to determine the best value for the money. The consumer items are different each year. Through this contest, 4-H'ers learn to practice wise consumer skills. **County: March 2-3, 2023; District: April 14-15**

**FAMILY & COMMUNITY HEALTH (FCH) QUIZ BOWL**

This is a "trivia" contest that tests 4-H'ers knowledge about food and nutrition. 4-H'ers compete in teams of three or four. <https://texas4-h.tamu.edu/quiz/> **County: March 2-3, 2023; District: April 14-15**

**PHOTOGRAPHY CONTEST** <https://texas4-h.tamu.edu/projects/photography-video/>

4-H'ers can submit photos for a county, district, and state level 4-H photography contest. The State Level is only open to Senior 4-H members. Divisions for the state contest include the following: People, Animals, Still Life, Natural Landscape, Plant/Flora, Architectural Elements, Special Effects/Creative Effects, and Theme (themes vary from year to year). The classes for each of these divisions vary and may include color, color-digital or black & white.

**RECORD BOOKS** <https://texas4-h.tamu.edu/recordbooks/>

4-H Record books are a tool in learning record keeping skills. In the 4-H Record book, 4-H members record information about participation and accomplishments in all 4-H projects and activities. There are many categories in which to enter a 4-H record book; from clothing to consumer; from forestry to foods; from poultry to public speaking. Remember to take pictures during the year to put in your Record Book. **County Due: June 12, 2023**



## Gregg County 4-H Livestock Projects Important Dates

<u>LIVESTOCK</u> .....	<u>DATE</u>
State Steer.....Validation .....	June
State Heifer.....Validation.....	June
State Fair Lamb and Goat..... Validation.....	June
Harvest Festival Lamb and Goat..... Validation.....	Aug
Harvest Festival Swine Ear Notch.....Validation.....	Aug
Rabbit .....	Validation/Harvest Festival .....Sept 27
State Lamb & Goat, Heifers..... Validation.....	Oct 19, 20, 28

**\*\*Quality Counts must be completed before entries are submitted <https://agrilife.org/qualitycounts/>**

**All Harvest Festival Entries are due September 26, 2022 @ Extension Office**

**\*\*NOTE:** Poultry: The date ordered is not the entry date. You must submit entries at the designated time to be able to show.

**\*\*\*NOTE:** Rabbits: Make special note of the breeding dates for market rabbits or when they must be purchased. **Validation for Rabbits – September 27, 2022, Hallsville High School FFA 4:00 pm**

### Harvest Festival and Livestock Show: October 26-29, 2022

The Harvest Festival and Livestock Show is an annual event in which 4-H members can exhibit and show steers, beef heifers, market lambs, market hogs, goats, rabbits, roasters, and broilers. There is also a Home Economics Contest as well as an Ag Mechanics Show.

<http://www.harvestfestivallivestockshow.com/>

### Gregg County Youth Livestock Expo: January 4-6, 2023

The Gregg County Youth Expo is proud to be hosting our annual livestock show. The livestock show is set for January 4-7, 2023, at the Cross Brand Cowboy Church in Tyler, Texas. This event will showcase the hard work of student exhibitors as they show their agricultural projects. Entry form and fees are due in the Gregg County Extension Office on the Monday after Thanksgiving Holiday.

For more information go to: [www.greggcountyyouthexpo.com](http://www.greggcountyyouthexpo.com)

### COUNTY 4-H AWARDS, RECORD BOOKS AND PINS

In addition to recognition at Gregg County 4-H Contests, 4-H members are also recognized for accomplishments at the annual **Gregg County 4-H Achievement Banquet held on August 5, 2023**. The entry deadline for these awards is in June. All awards applications can be found in the Gregg County Awards & Recognition Handbook, and briefly described here:

**1) RECORD BOOK AWARDS** - Record Book awards are presented based on what 4-H'ers report in their 4-H Record Book. Committees judge or evaluate project work and achievement, leadership, personal growth, and development by reading the record books.

**2) 4-H YEAR PINS** - 4-H Completion Year Pins are awarded to every 4-H member in Gregg County who completes a 4-H project during the year and turns in a Record Book.

**3) PROJECT COMPLETION PINS** - Project pins are awarded to members who complete a 4-H Record Book at the Junior, Intermediate or Senior level.

**4) ROOKIE AWARDS** - A 4-H member who has completed his or her first year of membership, regardless of age, is eligible for the Rookie Award.

**5) 4-H HONOR ROLL** - Available to Junior members, ages 8 and in the third grade through 10 years old who meet the established criteria.

**6) 4-H ALL STAR** - Available to Intermediate members, ages 11-13 who meet the established criteria.

**7) 4-H LETTERMAN** - Available to Senior members, ages 14 and over who meet the established criteria.

**8) GOLD STAR AWARD** - The Gold Star Award is the most sought-after 4-H award at the county level. It is awarded each year to four (4) or more outstanding Senior 4-H members in Gregg County based on their total 4-H career. 4-H members must be at least 15 years of age and have completed at least 3 years in 4-H. In addition to other requirements, the 4-H'er must submit a record book in the year he or she applies for the award and must have completed projects in at least three project areas. 4-H members will apply for this award and be interviewed by a panel of judges. (Awarded only once in a member's 4-H career).

**9) DANFORTH "I DARE YOU" AWARD**- The "I Dare You" Award is offered as recognition of demonstrated qualities of constructive leadership. The idea of the award is to challenge or "dare" youth to achieve their highest potential. 4-H'ers ages 15-18 who have completed their freshman year in school are eligible for this award. At least 3 years participation in the 4-H program is also required. Club managers complete and submit applications for nominees to the County Extension Staff. To be eligible, 4-H members nominated must have submitted a record book the year he or she is nominated for the award. (Awarded only once in a member's 4-H career).

**10) SILVER STAR AWARD** - The Silver Star Award is presented each year to four (4) or more outstanding 4-H Intermediate Members. An application form for the award must be completed and turned in with the record book.

**11) BRONZE STAR AWARD** - The Bronze Star Award will be presented each year to four (4) outstanding 4-H Junior Members at the County Awards Banquet. An application form for the award must be completed and turned in with

**12) SPECIAL COUNTY AWARDS** - The following awards are made available on a county-wide basis to encourage excellence in 4-H projects. A 4-H member is eligible for any award if the project is included in the 4-H Record Book, and a member may apply for all awards. Awards for Outstanding Achievement are awarded in the following project areas: Archery, Beef, Citizenship\*, Clothing, Community Service\*, Meat Goat, Field & Stream, Food & Nutrition, Horse, Horticulture, Leadership\*, Photography, Poultry, Public Speaking, Rabbit, Range Management, Sheep, Shooting Sports, and Swine.

\*Denotes projects judged on overall 4-H performance, not necessarily limited to one project area

## Step 7 - Keep Records

When you spend time working on a project, you need to record or take notes and pictures to track what you learn through your progress. Gregg County 4-H'ers have the chance to complete a

**Record Book** for recognition at the Annual 4-H Awards Banquet held in the fall and to be considered for 4-H awards.

4-H Record Books are a great way for 4-Hers to keep records of their progress on their project! In constructing a 4-H Record Book, members organize information about their participation and accomplishments in all 4-H projects and activities. Any project can be completed using a 4-H Record Book. Record books are judged at county, district, and state levels at the end of the project year.

### Step 8 - Share Information

As a 4-H member, you learn to share with others the information you gain through your project experience.

### Step 9 - Help Others

The 4-H experience includes helping others. We call our 4-H helping, Community Service. This is something that you do for a non-4-H audience without pay or compensation.

## “One Day 4-H” Community Service Project Day October 8, 2022 National 4-H Week October 3-8, 2022



One day 4-H is a way for all 4-H members to take one day to say “thank you” to their communities, county, and state for all the support they have provided to 4-H members for more than 100 years.

One day 4-H will occur on **October 8, 2022**, in every county across Texas. Each 4-H member can recruit friends to help make their communities better through adopting a service project. These projects can be done as individuals or as an entire county 4-H Program. Regardless of the project that is chosen, it is one day to make a difference! <https://texas4-h.tamu.edu/events/oneday/>

**Deadline to order t-shirts – TBA**

### Step 10 - Promote 4-H

4-H is the largest youth organization in the country because we are always inviting others to attend. Part of your 4-H experience will be to get others involved in the program. This could mean asking a friend to visit your club meeting or preparing a poster for National 4-H Week. **October 3-8, 2022**





The information requested is in accordance with the Texas Education Agency & UIL Side-by-Side (2022-

## Texas 4-H Student Academic Status Form

2023) policies as it relates specifically to Academic Requirements (No Pass No Play).

**This form must be completed 2-3 weeks before any 4-H competitive event, especially if youth will miss school.**

Parents must initiate this process by coming into the Extension Office to request form. Parents will complete Step 1, and CEA will complete Step 2. To complete Step 3, Parents will take the original copy to school to be completed by the School Principal or their designee. Once Step 3 is completed, Parents must return the original copy to the Extension Office 2-3 weeks before competitive event.

### Download Declaration of Eligibility Form:

[https://texas4-h.tamu.edu/wp-content/uploads/management\\_adjunct\\_faculty\\_declaration.pdf](https://texas4-h.tamu.edu/wp-content/uploads/management_adjunct_faculty_declaration.pdf)

For more information, Contact the Extension Office and speak with your County Extension Agent.  
903-237-2627 or 903-236-8429



## **4-H TERMINOLOGY**

**4-H COUNTY EXTENSION AGENT**-Oversees the County 4-H program.

**ACTIVITY LEADER**- Works closely with club manager. Responsible for one or more activities at the club level.

**4-H AGE**- 3<sup>RD</sup> GRADE THROUGH AGE 18. Your 4-H age is based on your age as of August 31<sup>st</sup> of the current 4-H year.

### **GRADE DIVISIONS**

Junior: Grades 3, 4, and 5 (Exception: Age 8 as of August 31 and in the 3<sup>rd</sup> grade)

Intermediate: 6, 7, and 8

Senior: 9, 10, 11, and 12

(Based on August 31<sup>st</sup> of current 4-H year.)

**4-H AMBASSADORS**- Teen 4-H members who have been selected and trained to represent 4-H before civic and community groups to promote 4-H.

**CLOVER KIDS**- Youth ages 5 through 8 (Kindergarten through 2<sup>nd</sup> grade) who participate in the 4-H program. Not allowed to compete in County, District, State contest.

**4-H CLUB**- A group of boys and girls, third grade through age 18, who are advised by club managers and volunteer leaders. Each club elects their own officers to preside at club meetings.

**CLUB MANAGER**- Volunteer leader who provides guidance and management to a 4-H club. Serves as the contact person between the club and the County Extension Office.

**CLUB MEETING**- Where 4-H'ers meet, generally on a monthly basis, to handle the business of the club. Generally, one hour in length. Follows a four-part agenda including inspiration, business, program, and recreation.

**CLUB OFFICERS**- Elected by the club members each year. Have the responsibility of conducting 4-H club meetings. Working with club manager, they plan club meetings and give leadership to the club.

**4-H COMMITTEE**- Committees can serve many functions in a club. They give members extra involvement and leadership opportunities. Committee Chairmen give leadership to committees. (Example: recreation chairman, telephone committee chairman, refreshment chairman).

**COMMUNITY SERVICE PROJECT**- An activity conducted by 4-H'ers for the benefit of the community. (Example: Collecting food or clothing for the needy, Christmas Caroling, Adopt-A-Highway roadside clean-ups).

**DISTRICT 5**- Gregg County is a part of District 5. We are considered the "East" district. There are 22 counties in District 5. (We are also a part of the "East Region" which includes District 4 and District 8 as well.)

**ENROLLMENT**- You officially become a 4-H member by choosing a 4-H club to join and enrolling in the 4-H program. Re-enrollment begins each September. Every 4-H member must re-enroll each year to continue membership in the 4-H program.

**4-H LEADER-** An adult volunteer who works with 4-H club members.

**NATIONAL 4-H WEEK-** Held the first full week of October. Provides the opportunity to increase public awareness and understanding of the 4-H program.

**4-H PRAYER-** "Help me, O Lord, to live so that the world may be a little better because Thou didst make me.... Amen."

**4-H PROJECT-** An area of study in which 4-H members participate. The project consists of at least six hours of learning time. There are more than 40 projects to choose from.

**PROJECT GROUP MEETINGS-** Meeting where 4-H members learn about their specific project area. Coordinated by adult project leaders.

**PROJECT LEADER-** An adult volunteer who helps 4-H members learn through involvement in a specific 4-H project.

**4-H SCHOLARSHIP-** Scholarships ranging from \$500 to \$15,000 are available to graduating 4-H members who meet the criteria for application. The State Scholarship program is administered by the Texas 4-H Foundation.

**STATE 4-H ROUNDUP-** The State event in which qualifying senior 4-H members compete in various contests. Held on the campus of Texas A&M University each year in June.

**TEEN LEADER-** Teen members who accept leadership responsibilities in 4-H project meetings, workshops, trainings, or special activities.

**TEXAS 4-H CONFERENCE CENTER-** A camp facility owned and operated by the Texas 4-H Foundation at the shores of Lake Brownwood. Extension training programs and 4-H camps and retreats are conducted here year-round.

**TEXAS 4-H CONGRESS-** An educational event for 4-H members, ages 15 through 18. Held in Austin, Texas in even numbered years. Participants study and learn about state government by participating in a "mock Congress"

**TEXAS 4-H COUNCIL-** Consists of 4-H delegates from each of the 12 Extension districts. The Council plans and carries out many statewide events such as Texas 4-H Roundup and Texas 4-H Congress.

**TEXAS 4-H OPPORTUNITIES HANDBOOK/TEXAS 4-H CLOVER** – A handbook, outlining statewide 4-H contests, educational workshops, 4-H project objectives, and the 4-H recognition program. Includes information on 4-H Scholarships. Updated annually.

**4-H YEAR-** September 1<sup>st</sup> to August 31<sup>st</sup> of the following year.





## More Resources

**Explore Texas 4-H / What is 4-H / We are Texas 4-H /**  
<https://texas4-h.tamu.edu/about/what-is-4-h/>

**4-H Management**  
<https://texas4-h.tamu.edu/management/>

**4-H Online Resources**  
<https://texas4-h.tamu.edu/4honline/>

**Youth – How to Join 4-H**  
<https://texas4-h.tamu.edu/about/join-now/>

**Projects**  
<https://texas4-h.tamu.edu/projects/>

**Curriculum & Resources**  
<https://texas4-h.tamu.edu/resources/>

**Program for Minors**  
<https://texas4-h.tamu.edu/minors/>

**Volunteers**  
<https://texas4-h.tamu.edu/volunteer/>

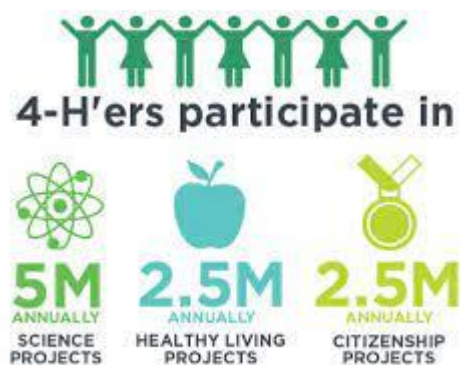
**Texas 4-H Ambassadors**  
<https://texas4-h.tamu.edu/ambassadors/>

**Events and Activities**  
<https://texas4-h.tamu.edu/activity/>

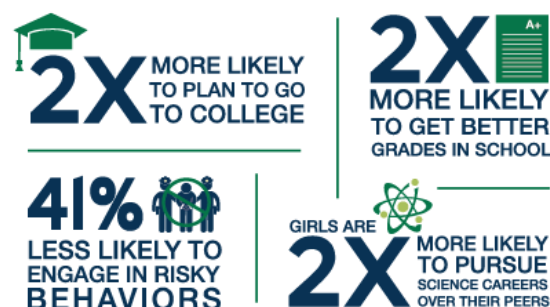
**Record books**  
<https://texas4-h.tamu.edu/recordbooks/>

**Texas 4-H Quiz Bowls**  
<https://texas4-h.tamu.edu/quiz/>

**Scholarships**  
<https://texas4hfoundation.org/types-of-scholarships/>



## WHAT DOES 4-H DO FOR YOUTH?



Developed by Arvitta Scott, CEA, 4-H Coordinator  
Texas 4-H Information adapted from <https://texas4-h.tamu.edu/>