



2021-2022 Family Handbook

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https://www.facebook.com/GreggCounty4H/





WELCOME TO THE GREGG COUNTY 4-H PROGRAM!

We are glad that you have chosen to be part of the largest non-formal youth education organization in the United States! Over 5.6 million youth participate in 4-H each year to become self-motivated, productive and contributing citizens.

4-H is designed to be a family affair, so 4-H parents are encouraged to get involved in the 4-H experience. Ways that 4-H parents can contribute range from serving as a project leader to providing transportation to activities, or even supplying refreshments for meetings or special events. 4-H parents are also needed to supervise 4-H activities.

Gregg County has an outstanding group of dedicated adult volunteer leaders as well as a superb group of motivated 4-H members. We welcome your family into our Gregg County 4-H family!

Please read through your Gregg County 4-H Handbook to answer any questions you may have about the 4-H program. This handbook is designed as a reference tool for you throughout the 4-H year. Please refer to the 4-H Newsletter as you set your goals for participation in 4-H events and contests.

Best wishes for a fulfilling year in 4-H! We look forward to seeing you at events throughout the year.

Sincerely,

Arvitta Scott
CEA 4-H Coordinator



Makenzie Banks AEA 4-H



Mandy Patrick
CEA FCH



Shaniqua Davis
CEA ANR



Cory Alvarado EA BLT



Texas A&M AgriLife Extension Service Gregg County 4-H Program

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https://gregg.agrilife.org/ https://www.facebook.com/GreggCounty4H/

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TABLE OF CONTENTS

Welcome to 4-H	1
Table of Contents and Extension Office Contacts	2
4-H Pledge, Motto and Who Can Participate?	3
Adult Leaders Committee	3-4
4-H Council and Ten Easy Steps to Getting the Most of 4-H	4
Participation Fee and Enrollment	5-7
Parent Complete Enrollment	7
Get Involved in Gregg County 4-H Clubs	8-9
Start a Project and Complete a Project	10
Other 4-H Projects and Programs	10-11
4-H Activities and Contest in Gregg County	11
More 4-H Contest	12-13
Livestock Projects/Harvest Festival/GCYE Date	14
Awards, Recognition, Keeping Records	14-16
Sharing and Promote and Community Service	16
Gregg County 4-H Eligibility Form and Instructions	17
4-H Terminology	18-19
More Resources	20

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About 4-H

Motto: "To Make the Best Better"

Emblem: The 4-H emblem is the four-leaf clover with the letter "H" on each leaf, standing for head, heart, hands, and health. The 4-H Clover and name are protected under 18U.S.C. 707. Permission is required to duplicate it.

Colors: The 4-H colors are green and white. Green symbolizes nature's most common color and represents life, springtime and youth. White symbolizes purity.

Pledge

I pledge

My head to clearer thinking, My heart to greater loyalty, My hands to larger service and My health to better living, for my club, my community, my country and my world. 4-H is a community of young people young across America who are learning leadership, citizenship and life skills.

4-H Year - September 1 to August 31

Age of 4-H Members

Youth may participate in the 4-H year from September 1st of grade three through August 31st following completion of grade twelve, with these age restrictions:

- Minimum age 8 (in addition to being in the 3rd grade)
- Maximum age 18 (as of August 31)

Texas 4-H Age Categories for project activity purposes are:

Clover Kids Kindergarten – Grades 2
Junior Grades 3, 4, and 5
Intermediate Grades 6, 7, and 8
Senior Grades 9, 10, 11, and 12

Adult Leaders Committee

All 4-H parents and leaders are encouraged to become part of the Adult Leaders Committee! This committee is composed of volunteer 4-H leaders who meet and work together to support the 4-H youth of Gregg County. The Adult Leaders Committee works in conjunction with the County 4-H Council to plan and coordinate county-wide 4-H activities. The Adult Leaders Committee works to financially assist the 4-H youth through fund raising projects. The Committee is also useful as a meeting forum in which leaders may exchange ideas.

President...Milton "Greg" Marshall
Vice President...Kim McGregor
Secretary...Vacant

Treasurer...Juliann Lopez Delegates at Large...Vacant

p. 3

4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders Association Meetings

In-Person Meetings begin @ 5:30 p.m. (Meeting Times are subject to change)

Monday Sept. 13 – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

Monday Oct. 11 – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

Monday Nov. 29 - 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

Thursday Jan. 24 – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

Thursday, Mar. 24 – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

Thursday May 16 – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

Monday Aug. 29 – 4-H Youth Board, 4-H Members, Club Manager, and Adult Leaders

4-H Council/Youth Board

Members of the Gregg County 4-H Council plan and coordinate 4-H activities in the county. The Gregg County 4-H Council also promotes district and state level 4-H activities. County Council is comprised of 4-H members from each of the various 4-H clubs in the County. Clubs are encouraged to have two council delegates who will attend the County 4-H Council meetings. Typically, a 4-H member is elected into the position of council delegate and represents his or her club at the County 4-H Council meetings. In most cases, the president of the 4-H club also serves as a delegate to the County 4-H Council. In addition to the club council delegates and presidents, membership to the council is open to all 4-H youth.

Gregg County 4-H Council/Youth Board serves as a communication channel. Council delegates represent their club and relay information and ideas from their club to the council. The council delegates also relay information from the council to their club to keep the members up to date on county-wide activities and events.



Chairman
First Vice Chairman
Second Vice Chairman
Third Vice Chairman
Secretary
Treasurer
District Delegate
Reporter
Parliamentarian
Historian
Health & Safety Officer

Ten easy steps to getting the most out of 4-H:

Step 1 - Youth Complete Online

Enrollment

Step 2 - Parents Complete Online

Enrollment

Step 3 - Get Involved

Step 4 - Start a Project

Step 5 - Complete a Project

Step 6 - Participate in Activities

Step 7 - Keep Records

Step 8 - Share Information

Step 9 - Help Others

Step 10 - Promote 4-H

Step 1 - Youth Complete Online Enrollment

Enrollment Time

On September 1st each year, all former, new 4-H members, and volunteer leaders must re-enroll for the current year. Enrollment stays current from September 1st through August 31st.

Participation Fee - each enrollment year (no fee for Clover Kids ages 5-7)

September 1st thru October 31st------\$25 per child After November 1st------\$30 per child



TEXAS.4HONLINE.COM FAMILY GUIDE



Creating a NEW Family Profile

Only families participating in Texas 4-H for the first time should create a NEW family profile. Once created, family profiles are permanent. If you already have a 4HOnline family profile, <u>do not create a new one</u>. Contact your local county Extension office for assistance if you are not sure whether you have a family profile, or if you need assistance accessing it. To create a **NEW** family profile in 4HOnline, follow these steps:

- 1. Go to http://texas.4honline.com
- Click "Don't have an account?" if you have never enrolled in 4-H before using 4HOnline.

Note: Your family profile must be associated with a valid email address. This will be your login and you will receive communications to this address. It will also be the email address where a password reset will be sent, if needed.

The email address you provide can only be associated with **one** family profile. If 4HOnline does not accept your email address, you may already have a 4HOnline family account. Contact your local Extension office for assistance.

personalemail@gmail.com

Sign in

Don't have an account?
Reset password?

- 3. Select "Texas" from the drop-down menu
- 4. Select "Texas 4-H and Youth Development" for the Institution



p. 5

5. Select **your county** from the drop-down menu.

Note: When selecting your county, you are choosing the 4-H program in which your family will participate. Read the rules and guidelines for more information: https://texas4-h.tamu.edu/management/.

Click "Continue".



6. Complete your family's information. Required fields are marked in **red** and must be completed to move to the next screen. If you have mistakenly chosen the wrong county just hit the back button to adjust it before moving on to the next screen.

Remember: Your family information must be associated with a valid email address. This will be your login and you will receive 4-H communications at this address. It will also be the email where your password reset will be sent, if necessary.

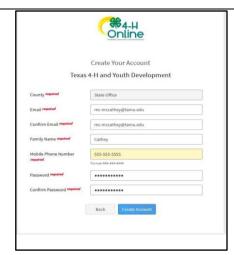
Click the "Create Account" button

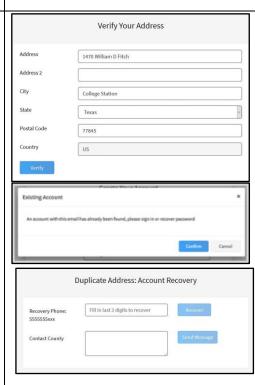
Note: An email account can only be associated with one family profile. If you enter an email address that is already associated with a 4HOnline profile, you will see an existing family profile message. Click the "**Confirm**" button and continue to log in to the existing account. See instructions for logging into an existing family account.

7. Enter your family's address information and click "Verify." The verification process may require you to select an appropriate USPS format. The local county Extension office may have authority to bypass this for rural areas.

If there is already another record in 4HOnline with a matching address, you may see this Duplicate Address screen:

Use the browser "back" button to return to the previous screen. Double-check the address you entered and try again. Be sure you have included the full USPS address and a unit/apartment number, if that is part of your address. If you receive the Duplicate Address message again, choose an account recovery method and contact your local county Extension office for assistance.

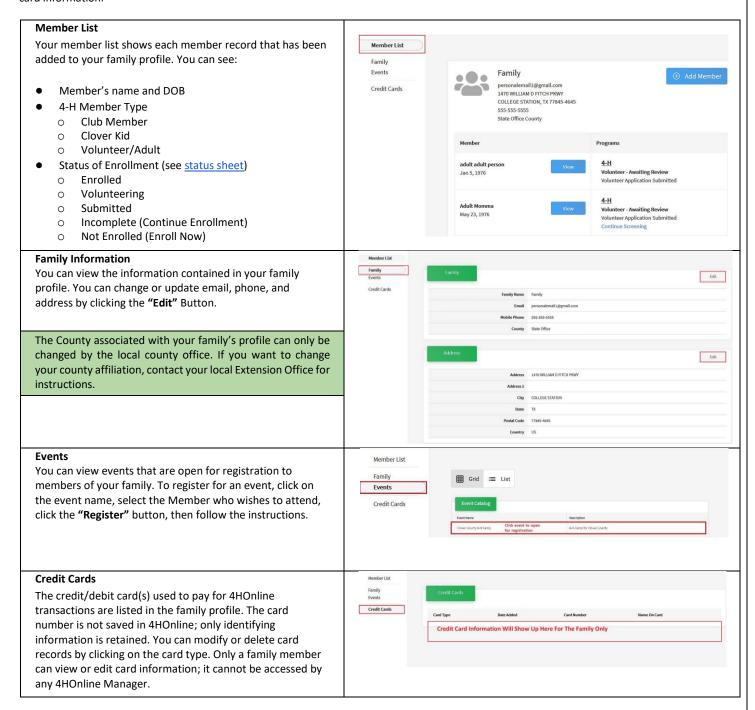




After the address is verified, your family profile has been created! You will receive an email confirming your family profile. The next screen will allow you to add the first member to your family.

Family Profile Management

Each time you log in to your family profile in 4HOnline, your Member List will open as the home page. The Member List displays all family members for whom a Member record has been created. In addition to the Member List, your family profile contains family details, events, and saved credit card information.



Step 2 - Parents Complete Online Enrollment

Same as above, except as noted in #10.

10. If you are an adult volunteer, your registration will be sent to the Youth Protection Standards Office for screening if you have not been screened or are due for your three-year review. Once you are screened and approved, your registration will be returned to your county extension office, where an agent will review and accept your application.

Step 3 - Get Involved

As a Member or Leader, you need to get involved in your local club; attend monthly meetings, volunteer for committees, and stay informed of what is going on in your club. Learn what is going on throughout the County, District and State by reading the Gregg County 4-H Handbook, Gregg County 4-H Connection Newsletter and the 4-H and Youth Development pages on the Gregg County Extension website: http://gregg.agrilife.org/

Join a Club!

The following are the 8 4-H Clubs in Gregg County and their Club Name, Club Manager(s), Project descriptions, meeting location, date and time:

CLUB MANAGER(S)

CLUB NAME & PROJECT DESCRIPTION

MEETING LOCATION, DATE & TIME

Gregg County 4-H Shooting Sports Project Club: Archery & Shotgun If you enjoy the outdoors and hunting, ARCHERY Archery you'll love the Shooting Sports project! **Meets:** Indoor on Thursdays Milton "Greg" Marshall, Project Outdoor: on Tuesdays Leader Coach **Location:** Indoor-Extension Office **Archery** promotes all aspects of archery as a marshall7707@gmail.com sport. Club members partake in various Outdoor-Lake Gladewater community service projects. Club activities *Time:* Indoor 4:30-5:30pm Arvitta Scott, 4-H CEA, Coach encourage good sportsmanship, leadership arvitta.scott@ag.tamu.edu Outdoor 5-6pm and citizenship. SHOTGUN Makenzie Banks, 4-H AEA, Coach

makenzie.banks@ag.tamu.edu

Shotgun/Rifle

Joe Mashburn, Project Leader Coach joe.joe.mashburn@gmail.com

Amy Mashburn, Project Leader Coach amywmashburn@yahoo.com

Arvitta Scott, 4-H CEA, Coach arvitta.scott@ag.tamu.edu

Shotgun - This project covers firearm safety and teaches responsible handling and use. Get ready because this project is hands on.

Meetings Date: (Subject to Change)

Fall: Sept. 20th, 27th

Oct. 4, 18 Nov. 1, 8, 15

Spring: March 28; April 11, 25; May

9. 23: June 6. 13

Location: East Texas Rifle and Pistol Club 1045 FM 2011 Longview, TX

75603

Time: 6:00 PM

Club Manager – Greg Marshall marshall7707@gmail.com

Amber Marshall marshall.amber1987@gmail.com Archery, Robotics, Food & Nutrition, Photography, Gardening and many more

projects; Clover Kid project activities

Meets: 3rd Monday

Location: Extension Office

Time: 5:30pm

Shiloh 4-H

Club Manager - Joyce Williams joycewilliams3077@att.net

Focusing on Gardening, Public Speaking, fashion, clothing, and textile along with nutrition and photography! Club members are involved in a variety of fun activities!

Meets: 2nd Wednesday **Location:** Parkview Baptist Church *Time:* 6pm

p. 8

<u>Ware I</u>	Elem 4-H Champion In-School Pro	•
Faith R. Greer, Interim Principal 4-H Adult Volunteer Club Advisor – Arvitta Scott, CEA arvitta.scott@ag.tamu.edu	Engages 3 rd -5 th graders in 4-H in-school Projects/Programs such as Horticulture, Food & Nutrition-Food Challenge, Public Speaking, and Yoga for kids.	Project Meetings: MonTueWed. Location: Ware ETMA (On site enrollment only) Time: In-School Champion 4-H Club
Bluebonn	et (4-H In-School Club) – Univers	ity Academy
Kim McGregor, Club Manager 903-241-6531 kimmcgregor79@gmail.com	Focuses on Food and Nutrition – Food Challenge and Gardening,	Meets: Thursdays Location: University Academy (on-site enrollment only) Time: TBA
	Livestock – In Active	
Club Manager - VACANT	Participation in raising livestock, livestock shows, meat judging, and quiz bowl teams!	Meets: TBD Location: TBD Time: TBD
	SMILE 4-H Club – Home Schoo	<u>l</u>
Kimberly Lawrenson kimberly.lawrenson@yahoo.com Bethany Reynolds mythundertruck@yahoo.com	4-H'ers engage in Horticulture, Public Speaking, Food & Nutrition, and Archery projects	Club Meets: 1st Thursday Location: 100 Greenwood Drive Kilgore, TX 75662 Time: 2:30 PM
4-H Council	& Youth Board – Youth Program /	Area Committee
Makenzie Banks, 4-H AEA makenzie.banks@ag.tamu.edu Youth: Sophia Marshall, Elias Sanchez, Chloe Lawrenson, Stephen Lawrenson, Teryn Whatley, Seth McGregor, Emma McGregor	4-H youth will engage in Leadership Project activities and Leaders 4 Life Contest to help develop leadership skills, conflict resolution, decision making, public speaking, parliamentary procedures and so much more.	Meetings: (See p. 4) Location: County Extension Office Time: 5:30 pm
<u>4-H</u> A	Adult Leaders Committee/Associat	ion PAC
President - Milton "Greg" Marshall Vice-President - Kim McGregor Arvitta Scott arvitta.scott@ag.tamu.edu	All 4-H parents and leaders are encouraged to become part of the Adult Leaders Committee! This committee is composed of volunteer 4-H leaders who meet and work together to support the 4-H youth of Gregg County. The Adult Leaders Committee works in conjunction with the County 4-H Council to plan and coordinate county-wide 4-H activities. The Adult Leaders Committee works to financially assist the 4-H youth through fund raising projects. The Committee is also useful as a meeting forum where leaders exchange ideas.	Meetings: See p. (3-4) Location: County Extension Office Time: 5:30 pm

Step 4 - Start a Project

On the 4-H Connect Enrollment pages, 4-H members are asked to select projects of interest to them. When you start your 4-H experience, you may want to select one or two projects. The more years you are in 4-H, the more projects you can usually handle. 4-H projects can be conducted throughout the 4-H year (September 1-August 31). Certain projects have special activities or contests, so you need to begin some projects at specific times during the year. After you select your projects, contact your Club Manager or County Extension office if you have any questions. For Texas 4-H Project List information, go to https://texas4-h.tamu.edu/wp-content/uploads/Management ProjectList 1819.pdf

Step 5 - Complete a Project

After you have selected your project you are ready to start gaining information and having fun learning about your project. In 4-H, you are asked to do a minimum of six learning experiences to complete a project. Learning experiences will vary from project to project, such as meetings with other 4-H'ers and Leaders, going on tours, attending workshops, reading publications or surfing the Internet. Many 4-H'ers work on the project with their parents, grandparents or other family members while other 4-H'ers work on projects with a group of friends. Working through a project from start to finish helps 4-H member gain skills in carrying out responsibilities, as well as setting and completing goals.

On the following pages, you will find a table that outlines some of the project areas in Gregg County 4-H. Use this information to look ahead for major deadlines and event timeframes. Then, refer to the 4-H Calendar found on the county website to find specific dates and project meetings. https://gregg.agrilife.org/4-h-forms/

Other 4-H Projects and Programs

<u>Shooting Sports-</u> The 4-H Shooting Sports project is a comprehensive introduction to shooting sports safety and the fundamentals of shooting disciplines including: archery, pistol, rifle, shotgun, muzzle loading, and hunting. Youth may participate in one or more of the listed disciplines where certified 4-H coaches are available to lead.

Contacts: Archery- Johnny Patrick mkpatrick@ag.tamu.edu Shotgun- Joe & Amy Mashburn amywmashburn@yahoo.com

<u>Horse Judging-</u> the evaluation of a horse's characteristics & making a comparison to other animals and the ideal standard of that particular class **Contact-Shaniqua Davis shaniqua.davis@ag.tamu.edu**

<u>Drill Team</u>—To provide an opportunity for youth to develop drill team skills as well as leadership and teamwork skills; and to enhance the 4-H Horse Project while creating a positive environment for the youth to develop mentoring skills with other youth **Contact**— **Vacant**

<u>Horticulture</u> The horticulture project is a hands-on project that incorporates community and volunteer service with learning about plant growth, environment horticulture and ecology, fruits and nuts, landscape design, soil and water, insects and diseases, vegetables and herbs, and life skills and career exploration.

Contact: Martha Grissom mrthgrissom@aol.com

Photography-The 4-H Photography project offers opportunities for youth to explore the world through the lens of a camera. Photography is a great way to engage youth in communicating what the world looks like to them. Through the photography project, youth learn skills from the basic parts of a camera, careers in photography, and digital publishing and developing. Contact: Mandy Patrick mkpatrick@ag.tamu.edu

<u>Robotics-</u>The 4-H Robotics Curriculum is designed to meet the diverse requirements of 4-H clubs, after-school programs, individual youth and school enrichment activities. The curriculum was developed for all levels of expertise: from beginning to advanced.

Contact: Milton "Greg" Marshall marshall7707@gmail.com

Consumer Decision Making- The 4-H Consumer Education Project engages youth in the importance of making wise consumer decisions. Through educational experiences such as workshops to a retail store, to learn how to make good decisions about purchasing a variety of projects, to learning about "Consumer Savvy" and the importance of becoming informed to be able to help make responsible consumer purchases of a variety of products for your family. Contact— Arvitta Scott

<u>Livestock Judging-</u>the evaluation of an animal's characteristics & making a comparison to other animals and the ideal standard of that particular class

Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu

<u>Commercial Heifer</u>—The commercial heifer program is designed to be educational and beneficial for the youth of Gregg County. It is held in conjunction with the Harvest Festival Livestock & Show in October. You will show a pen of 3 bred females, complete a record book, and an interview for the overall score for this project.

Contact- Shaniqua Davis shaniqua.davis@ag.tamu.edu

<u>Dog Project</u>- The 4-H Dog project provides a safe environment for youth to interact with and learn about one of their closest friends, their dog. The project is designed to enhance the relationship a young person has with their dog and make their dog a happier better adjusted member of the family. **Contact-Arvitta Scott**

<u>Poultry-</u>The poultry project teaches members poultry production and marketing by managing poultry projects. Project topics include broilers, capons, turkeys, egg production, and development from egg to chick.

Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu

<u>Swine-</u>The Swine project is the most popular large animal livestock project in Texas. The swine project teaches the fundamentals of the swine industry by allowing youth to explore the areas of animal husbandry, livestock selection, health, daily maintenance and care, in addition to exhibiting swine at local, county, state, and national swine shows.

Contract: Shaniqua Davis shaniqua.davis@ag.tamu.edu

<u>Cattle</u>— The beef project teaches the fundamentals of the beef cattle industry by allowing youth to explore the area of animal husbandry, livestock selection, health, and care, in addition to exhibiting beef cattle at the local, county, state, and national shows.

Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu

<u>Rabbits-</u> A rabbit project is a great way to get started with an animal science project. Rabbits do not require a lot of fancy or expensive housing or equipment, which makes them affordable animal projects to begin your animal science experience. The animal project will provide youth opportunities to learn and practice Communication, Decision Making, Leadership, Patience, and Responsibility.

Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu

<u>Fashion & Interior Design-</u>The 4-H clothing and textiles project allows youth the opportunity learn basic sewing skills, learn the process for creating their own original designs, create beautiful quilts, learn to be a super shopper and develop a personal fashion style.

Contact: Makenzie Banks makenzie.banks@ag.tamu.edu

Sheep & Goats-The Sheep & Goat project teaches youth to care for live animals while learning about animal health and nutrition, breeding, selection and marketing. In the 4-H sheep project individuals learn decision making, record keeping, responsibility, sportsmanship and leadership.

Contact: Shaniqua Davis shaniqua.davis@ag.tamu.edu

<u>Food & Nutrition</u> The 4-H Foods & Nutrition Project engages youth in the importance of eating and living a healthy lifestyle. Through educational experiences, such as field trips to the grocery store to learn how to buy fresh vegetables and fruits and interactive workshops to learn how to build a healthy plate and the importance of eating a balanced meal, youth gain the necessary skills to make smart decisions for themselves, as well as helping their family.

Contact: Mandy Patrick mkpatrick@ag.tamu.edu Arvitta Scott arvitta.scott@ag.tamu.edu

<u>Leaders 4 Life</u> Youth leadership development designed to increase leadership skills of youth to prepare them for the future leadership opportunities in adulthood. Youth will be trained in leadership, parliamentary procedures, and service learning.

Contact: Makenzie Banks makenzie.banks@ag.tamu.edu

<u>Healthy Lifestyles-</u>Youth also learn how to improve physical, intellectual, emotional and social health through participation in the health project. Specifically, youth learn about the importance of physical activity, proper hygiene, dental care, healthy snacking, vaccinations and sleep. **Contact: Mandy Patrick & Arvitta Scott**

mkpatrick@ag.tamu.edu & arvitta.scott@ag.tamu.edu

Step 6 - Participate in Activities

Activities are contests or opportunities for 4-H members to demonstrate the skills and knowledge they have gained through their project work. Some of the activities allow a team of 4-H'ers to prepare a presentation, while other activities are for individual contest entry.

Participating in 4-H activities helps the member gain public speaking skills and presentation skills that will help them throughout their life. Other activities available to 4-H'ers are a variety of camps and workshops conducted mainly in the summer.

Some of the major activities:

Fashion Shows Horse Shows Talks or Method Quiz Bowls Livestock Shows Demonstrations Food Shows Photography Contests Dog Shows

Outdoor Activities Judging Contests

Performing Arts Shooting Sports Contests

Camps

County Day Camps, June/July (all ages)

Jr. Leadership Lab, Oct. (11-13-year-old) Leadership Lab, June (14-18-year-old) Teen Retreat, January (13-19-year-old)

***You must register on 4-H Connect to participate in some of the activities 4-H has to offer. ***

- 1. When approved, you may log in to your account by clicking "I have a profile" and providing your email address and password.
- 2. On the "Member List" page, scroll to the bottom of the page and select a member from the "Register a member for an event" drop down menu. Select the event you are registering. Only events that a member is eligible for will be shown.
- 3. After you register, your county extension agent will review your registration and approve.

4-H CONTESTS

There are many 4-H contests which give members a chance to display their skills. Winners of most county 4-H contests advance to district and state contests. 4-H contest information is emailed to 4-H members from the county agent. The Following is a brief description of some of the annual contests. For dates of these contests watch out for emails from the county agent ahead of time!

4-H ROUNDUP (County, District, State)

The 4-H Roundup Contest provides 4-H members a chance to display their public speaking skills. 4-H members use the knowledge gained from 4-H projects and activities to prepare a presentation. Presentations are a very valuable educational tool in the 4-H program. Through presentations, 4-H'ers learn how to organize their thoughts and present their ideas. Below is a description of educational presentations.

Educational presentations are planned presentations by one to five 4-H members that teach information related to a project or activity. Simply, they are ways of "showing" and "telling" others how to make or do something and sharing useful information.

Through a <u>method demonstration</u>, you "show" others how to do something. You make something. There is a finished product. Through an <u>illustrated talk</u>, you talk about a particular subject; you are "telling" with the use of illustrations. Through the <u>"speech" method you simply educate with words alone</u>. Visual aids such as slides, posters, charts, pictures, etc. can be used in method demonstrations and illustrated talks. There is a 12-minute time limit for educational presentations.

4-H members may present method demonstrations and illustrated talks as an individual or as a team of up to five 4-H'ers.

Another 4-H Roundup category is <u>PUBLIC SPEAKING</u>. In the public speaking category, an individual 4-H member presents a 5 to 7-minute speech. Props and visual aids may not be used.

<u>SHARE-THE-FUN</u> allow 4-H members to demonstrate their acting and showmanship talents. There are several divisions of Share-the-Fun:

- " Solo/Band Group of 2 to 9 members
- " Poetry/Prose- Individual or group. (Maximum group of nine).
- " Vocal- Individual or group. (Maximum group of nine).
- " Musical/Instrumental Individual only
- " Choreographed Routines- Individual or group. (Maximum group of nine).

4-H FOOD SHOW

The 4-H Food Show provides an opportunity for 4-H members to exhibit their skills in the food and nutrition project. There are four categories in which to compete: Main Dish, Fruits and Vegetables, Breads and Cereals, and Nutritious Snacks.

4-H FOOD CHALLENGE

Inspired by the popular television series *Iron Chef*, this fun contest and activity is for 4-H food & nutrition enthusiasts! For this contest, 4-H members compete on teams of 3-4 members. The teams use a group of ingredients, resource materials and some basic kitchen supplies to create their own dish, calculate cost per serving, evaluate nutritional value, and cover food safety practices in a brief presentation to judges.

4-H FASHION SHOW

The Fashion Show provides opportunities for 4-H members to exhibit their skills in modeling and presentation of themselves and their garments, good grooming and poise, fashion interpretation and understanding of style. 4-H members may choose clothing construction or comparison shopping. The four senior categories in each division include casual, dressy, formal, and specialty. Junior categories are announced before the Fashion show each year.

Leaders 4 Life

Leaders 4 Life is a competition that allows 4-H youth to demonstrate their knowledge of Parliamentary Procedure.

CONSUMER DECISION MAKING

In the Consumer Decision Making Contest, the 4-H member compares a class of consumer items to make the best choice. Items such as DVD players, digital cameras, and blue jeans are judged to determine the best value for the money. The consumer items are different each year. Through this contest, 4-H'ers learn to practice wise consumer skills.

NUTRITION QUIZ BOWL

This is a "trivia" contest that tests 4-H'ers knowledge about food and nutrition. 4-H'ers compete in teams of three or four.

PHOTOGRAPHY CONTEST

4-H'ers can submit photos for a district and state level 4-H photography contest. The State Level is only open to Senior 4-H members. Divisions for the <u>state contest</u> include the following: People, Animals, Still Life, Natural Landscape, Plant/Flora, Architectural Elements, Special Effects/Creative Effects, and Theme (themes vary from year to year). The classes for each of these divisions vary and may include color, color-digital or black & white. District contest categories vary from the state contest. Please check with the County Extension Office for details.

RECORD BOOKS

4-H Record books are a tool in learning record keeping skills. In the 4-H Record book, 4-H members record information about participation and accomplishments in all 4-H projects and activities. There are many categories in which to enter a 4-H record book; from clothing to consumer; from forestry to foods; from poultry to public speaking. Remember to take pictures during the year. Pictures are a part of the 4-H record book. Record book covers are available at the Extension office.



Gregg County 4-H Livestock Projects Important Dates

LIVESTOCK	<u>DEADLINE</u>	<u>DATE</u>
· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·	June
State Heifer	Validation	June
State Fair Lamb and Goat	Validation	June
Harvest Festival Lamb and Goat.	Validation	Aug
Harvest Festival Swine Ear Notch	nValidation	Aug
Rabbit	Validation/Harvest Festival .	Sept 27
State Lamb & Goat, Heifers	Validation	Öct 15

**Quality Counts must be completed before entries are submitted https://agrilife.org/qualitycounts/
All Harvest Festival Entries are due September 24, 2021 @ Extension Office

**NOTE: Poultry: The date ordered is not the entry date. You must submit entries at the designated time to be able to show.

***NOTE: Rabbits: Make special note of the breeding dates for market rabbits or when they must be purchased. Validation for Rabbits September 27, 2021 @ Hallsville High School 4 pm - 7 pm

Harvest Festival and Livestock Show: October 27-30, 2021

The Harvest Festival and Livestock Show is an annual event in which 4-H members can exhibit and show steers, beef heifers, market lambs, market hogs, goats, rabbits, roasters, and broilers. There is also a Home Economics Contest as well as an Ag Mechanics Show. http://www.harvestfestivallivestockshow.com/

Gregg County Youth Livestock Expo: January 5-8, 2022

The Gregg County Youth Expo is proud to be hosting our annual livestock show. The livestock show is set for January 5-8, 2022 at the Cross Brand Cowboy Church in Tyler, Texas. This event will showcase the hard work of student exhibitors as they show their agricultural projects. Entry form and fees are due in the Gregg County Extension Office on the Monday after Thanksgiving Holiday. For more information go to: www.greggcountyyouthexpo.com

COUNTY 4-H AWARDS, RECORD BOOKS AND PINS

In addition to recognition at Gregg County 4-H Contests, 4-H members are also recognized for accomplishments at the annual Gregg County 4-H Achievement Banquet held in August. The entry deadline for these awards is in June. All awards applications can be found in the Gregg County Awards & Recognition Handbook, and briefly described here:

- 1) **RECORD BOOK AWARDS** Record Book awards are presented based on what 4-Hers report in their 4-H Record Book. Committees judge or evaluate project work and achievement, leadership, personal growth and development by reading the record books.
- 2) 4-H YEAR PINS 4-H Completion Year Pins are awarded to every 4-H member in Gregg County who completes a 4-H project during the year and turns in a Record Book.
- 3) PROJECT COMPLETION PINS Project pins are awarded to members who complete a 4-H Record Book at the Junior, Intermediate or Senior level.

- **4) ROOKIE AWARDS** A 4-H member who has completed his or her first year of membership, regardless of age, is eligible for the Rookie Award.
- 5) 4-H HONOR ROLL Available to Junior members, ages 8 and in the third grade through 10 years old who meet the established criteria.
- 6) 4-H ALL STAR Available to Intermediate members, ages 11-13 who meet the established criteria.
- 7) 4-H LETTERMAN Available to Senior members, ages 14 and over who meet the established criteria.
- 8) GOLD STAR AWARD The Gold Star Award is the most sought-after 4-H award at the county level. It is awarded each year to four (4) or more outstanding Senior 4-H members in Gregg County based on their total 4-H career. 4-H members must be at least 15 years of age and have completed at least 3 years in 4-H. In addition to other requirements, the 4-H'er must submit a record book in the year he or she applies for the award and must have completed projects in at least three project areas. 4-H members will apply for this award and be interviewed by a panel of judges. (Awarded only once in a member's 4-H career).
- 9) DANFORTH "I DARE YOU" AWARD- The "I Dare You" Award is offered as recognition of demonstrated qualities of constructive leadership. The idea of the award is to challenge or "dare" youth to achieve their highest potential. 4-H'ers ages 15-18 who have completed their freshman year in school are eligible for this award. At least 3 years participation in the 4-H program is also required. Club managers complete and submit applications for nominees to the County Extension Staff. To be eligible, 4-H members nominated must have submitted a record book the year he or she is nominated for the award. (Awarded only once in a member's 4-H career).
- 10) SILVER STAR AWARD The Silver Star Award is presented each year to four (4) or more outstanding 4-H Intermediate Members. An application form for the award must be completed and turned in with the record book.
- 11) BRONZE STAR AWARD The Bronze Star Award will be presented each year to four (4) outstanding 4-H Junior Members at the County Awards Banquet. An application form for the award must be completed and turned in with
- 12) SPECIAL COUNTY AWARDS The following awards are made available on a county-wide basis to encourage excellence in 4-H projects. A 4-H member is eligible for any award if the project is included in the 4-H Record Book, and a member may apply for all awards. Awards for Outstanding Achievement are awarded in the following project areas: Archery, Beef, Citizenship*, Clothing, Community Service*, Meat Goat, Field & Stream, Food & Nutrition, Horse, Horticulture, Leadership*, Photography, Poultry, Public Speaking, Rabbit, Range Management, Sheep, Shooting Sports, and Swine.

*Denotes projects judged on overall 4-H performance, not necessarily limited to one project area

Step 7 - Keep Records

When you spend time working on a project, you need to record or take notes and pictures to track what you learn through your progress. Gregg County 4-H'ers have the chance to complete a

<u>Record Book</u> for recognition at the Annual 4-H Awards Banquet held in the fall and to be considered for 4-H awards.

4-H Record Books are a great way for 4-Her's to keep records of their progress on their project! In constructing a 4-H Record Book, members organize information about their participation and accomplishments in all 4-H projects and activities. Any project can be completed using a 4-H Record Book. Record books are judged at county, district, and state levels at the end of the project year.

Step 8 - Share Information

As a 4-H member, you learn to share with others the information you gain through your project experience.

Step 9 - Help Others

The 4-H experience includes helping others. We call our 4-H helping, Community Service. This is something that you do for a non- 4-H audience without pay or compensation.

One Day & Can you do In Can yo

"One Day 4-H" Community Service Project Day

One day 4-H is a way for all 4-H members to take one day to say "thank you" to their communities, county, and state for all the support they have provided to 4-H members for more than 100 years.

One day 4-H will occur on **October 9, 2021** in every county across Texas. Each 4-H member can recruit friends to help make their communities better through adopting a service project. These projects can be done as individuals or as an entire county 4-H Program. Regardless of the project that is chosen, it is one day to make a difference! **Deadline to order t-shirts – September 7, 2021** https://texas4-h.tamu.edu/events/oneday/

Step 10 - Promote 4-H

4-H is the largest youth organization in the country because we are always inviting others to attend. Part of your 4-H experience will be to get others involved in the program. This could mean asking a friend to visit your club meeting or preparing a poster for National 4-H Week. October 3-9, 2021









The information requested is in accordance with the Texas Education Agency & UIL Side-by-Side (2021-2022) policies as it relates specifically to

Texas 4-H Student Academic Status Form

Academic Requirements (No Pass No Play).

This form must be completed 2-3 weeks before any 4-H competitive event, especially if youth will miss school.

Parents must initiate this process by coming into the Extension Office to request form. Parents will complete Step 1, and CEA will complete Step 2. To complete Step 3, Parents will take the original copy to school to be completed by the School Principal or their designee. Once Step 3 is completed, Parents must return the original copy to the Extension Office 2-3 weeks before competitive event.

Declaration of Eligibility Form: https://texas4-h.tamu.edu/wp-content/uploads/management adjunct eligility form 21 22.pdf

For more information, Contact the Extension Office and speak with your County Extension Agent. 903-237-2627 or 903-236-8429







4-H TERMINOLOGY

4-H COUNTY EXTENSION AGENT-Oversees the County 4-H program.

ACTIVITY LEADER- Works closely with club manager. Responsible for one or more activities at the club level.

4-H AGE- 3[®] GRADE THROUGH AGE 18. Your 4-H age is based on your age as of August 31st of the current 4-H year.

GRADE DIVISIONS

Junior: Grades 3, 4, and 5 (Exception: Age 8 as of August 31, 2019 and in the 3rd grade)

Intermediate: 6, 7, and 8 Senior: 9, 10, 11, and 12

(Based on August 31st of current 4-H year.)

4-H AMBASSADORS- Teen 4-H members who have been selected and trained to represent 4-H before civic and community groups to promote 4-H.

CLOVER KIDS- Youth ages 5 through 8 (Kindergarten through 2nd grade) who <u>participate</u> in the 4-H program. Not allowed to compete in County, District, State contest.

4-H CLUB- A group of boys and girls, third grade through age 18, who are advised by club managers and volunteer leaders. Each club elects their own officers to preside at club meetings.

<u>CLUB MANAGER</u>- Volunteer leader who provides guidance and management to a 4-H club. Serves as the contact person between the club and the County Extension Office.

CLUB MEETING- Where 4-H'ers meet, generally on a monthly basis, to handle the business of the club. Generally, one hour in length. Follows a four-part agenda including inspiration, business, program, and recreation.

CLUB OFFICERS- Elected by the club members each year. Have the responsibility of conducting 4-H club meetings. Working with club manager, they plan club meetings and give leadership to the club.

4-H COMMITTEE- Committees can serve many functions in a club. They give members extra involvement and leadership opportunities. Committee Chairmen give leadership to committees. (Example: recreation chairman, telephone committee chairman, refreshment chairman).

<u>COMMUNITY SERVICE PROJECT</u>- An activity conducted by 4-H'ers for the benefit of the community. (Example: Collecting food or clothing for the needy, Christmas Caroling, Adopt-A-Highway roadside clean-ups).

DISTRICT 5- Gregg County is a part of District 5. We are considered the "East" district. There are 22 counties in District 5. (We are also a part of the "East Region" which includes District 4 and District 8 as well.)

ENROLLMENT- You officially become a 4-H member by choosing a 4-H club to join and enrolling in the 4-H program. Re-enrollment begins each September. Every 4-H member must re-enroll each year to continue membership in the 4-H program.

4-H LEADER- An adult volunteer who works with 4-H club members.

NATIONAL 4-H WEEK- Held the first full week of October. Provides the opportunity to increase public awareness and understanding of the 4-H program.

4-H PRAYER- "Help me, O Lord, to live so that the world may be a little better because Thou didst make me.... Amen."

4-H PROJECT- An area of study in which 4-H members participate. The project consists of at least six hours of learning time. There are more than 40 projects to choose from.

PROJECT GROUP MEETINGS- Meeting where 4-H members learn about their specific project area. Coordinated by adult project leaders.

PROJECT LEADER- An adult volunteer who helps 4-H members learn through involvement in a specific 4-H project.

4-H SCHOLARSHIP- Scholarships ranging from \$500 to \$15,000 are available to graduating 4-H members who meet the criteria for application. The State Scholarship program is administered by the Texas 4-H Foundation.

STATE 4-H ROUNDUP- The State event in which qualifying senior 4-H members compete in various contests. Held on the campus of Texas A&M University each year in June.

TEEN LEADER- Teen members who accept leadership responsibilities in 4-H project meetings, workshops, trainings, or special activities.

TEXAS 4-H CONFERENCE CENTER- A camp facility owned and operated by the Texas 4-H Foundation at the shores of Lake Brownwood. Extension training programs and 4-H camps and retreats are conducted here year-round.

TEXAS 4-H CONGRESS- An educational event for 4-H members, ages 15 through 18. Held in Austin, Texas in even numbered years. Participants study and learn about state government by participating in a "mock Congress"

TEXAS 4-H COUNCIL- Consists of 4-H delegates from each of the 12 Extension districts. The Council plans and carries out many statewide events such as Texas 4-H Roundup and Texas 4-H Congress.

TEXAS 4-H OPPORTUNITIES HANDBOOK/TEXAS 4-H CLOVER — A handbook, outlining statewide 4-H contests, educational workshops, 4-H project objectives, and the 4-H recognition program. Includes information on 4-H Scholarships. Updated annually.

4-H YEAR - September 1st to August 31st of the following year.



More Resources

Explore Texas 4-H / What is 4-H / We are Texas 4-H / https://texas4-h.tamu.edu/

4-H Management

https://texas4h.wpengine.com/4honline/

4-H Online Resources

https://texas4h.wpengine.com/4honline/

Curriculum & Resources

https://texas4-h.tamu.edu/resources/

Program for Minors

https://texas4-h.tamu.edu/minors/

Volunteers

https://texas4-h.tamu.edu/volunteer/

Projects

https://texas4h.wpengine.com/projects/

Texas 4-H Center Camps

https://texas4h.wpengine.com/projects/

Youth – How to Join 4-H

https://texas4h.wpengine.com/about/join-now/

Texas 4-H Ambassadors

https://texas4-h.tamu.edu/ambassadors/

Events and Activities

https://texas4-h.tamu.edu/activity/

Record books

https://texas4-h.tamu.edu/recordbooks/

Texas 4-H Quiz Bowls

https://texas4-h.tamu.edu/quiz/

Scholarships

https://texas4hfoundation.org/types-of-scholarships/



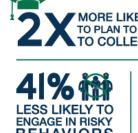








WHAT DOES 4-H DO FOR YOUTH?





GIRLS ARE

MORE LIKELY
TO PURSUE
SCIENCE CAREERS
OVER THEIR PEERS

Developed by Arvitta Scott, CEA 4-H
Texas 4-H Information adapted from https://texas4-h.tamu.edu/